

Level 1 - ages 9-11
 Level 2 - ages 12-18 - intermediate
 Level 3 - ages 12-18 - advanced

2023-2024 Dance Schedule

*Level placement will be
determined by Studio*

Monday

| | | | | | | | |
|------|--------|------------------------|-----------|------|--------|---------------------|-----------|
| 4:00 | - 4:30 | Beg Ballet (3-4) | Melanie | 4:00 | - 4:30 | Int Jazz (7-8) | Katherine |
| 4:30 | - 5:00 | Beg Tap (3-4) | Melanie | 4:30 | - 5:00 | Int Ballet (7-8) | Katherine |
| 5:00 | - 5:30 | Junior Company Routine | Melanie | 5:00 | - 5:30 | Int Tap (7-8) | Katherine |
| 5:30 | - 6:00 | Ballet Technique 1/2 | Katherine | 5:30 | - 6:00 | Beg Ballet (5-6) | Melanie |
| 6:00 | - 6:45 | Leaps/Turns 2 | Katherine | 6:00 | - 6:30 | Beg Tap (5-6) | Melanie |
| 6:45 | - 7:30 | Senior Jazz Routine | Katherine | 6:45 | - 7:30 | Jazz/Acro Technique | Kalyssa |
| 7:30 | - 8:15 | Ballet Technique 2/3 | Katherine | 7:30 | - 8:15 | Leaps/Turns 3 | Kalyssa |
| 8:15 | - 9:00 | Contemporary 3 | Katherine | 8:15 | - 9:00 | Contemporary 2 | Kalyssa |

Tuesday

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|-------|---------|----------------------|-----------|------|--------|------------------------|---------|
| 10:00 | - 11:00 | Beg Ballet/Tap (3-4) | Melanie | | | | |
| 4:45 | - 5:45 | Ballet 1 | Katherine | 4:45 | - 5:15 | Ballet Technique 1 | Melanie |
| 5:45 | - 6:45 | Ballet 2 | Katherine | 5:15 | - 5:45 | Junior Company Routine | Melanie |
| 6:45 | - 7:45 | Ballet 3 | Katherine | 5:45 | - 6:30 | Jazz 1 | Melanie |
| 7:45 | - 8:30 | Pointe 2/3 | Katherine | 6:30 | - 7:00 | Tap 1 | Melanie |
| 8:30 | - 9:00 | Pointe 1 | Katherine | 7:00 | - 7:45 | Tap 2 | Kalyssa |
| | | | | 7:45 | - 8:30 | Jazz 2 | Kalyssa |
| | | | | 8:30 | - 9:15 | Tap 3 | Kalyssa |

Wednesday

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|------|--------|------------------------|---------|------|--------|-------------------|-----------|
| 5:00 | - 5:30 | Beg Ballet (5-6) | Melanie | 4:30 | - 5:15 | Leaps/Turns 1 | Katherine |
| 5:30 | - 6:00 | Beg Tap (5-6) | Melanie | 5:15 | - 6:00 | Lyrical 1 | Katherine |
| 6:00 | - 6:45 | Hip Hop 1 (6-9) | Kalyssa | 6:00 | - 6:45 | Company Rehearsal | Katherine |
| 6:45 | - 7:30 | Hip Hop 2 (10 & up) | Kalyssa | 6:45 | - 7:30 | Lyrical 3 | Katherine |
| 7:30 | - 8:15 | Senior Lyrical Routine | Kalyssa | 7:30 | - 8:15 | Jazz 3 | Katherine |
| 8:15 | - 8:45 | Hip Hop 3 | Kalyssa | 8:15 | - 9:00 | Adult Jazz | Katherine |

Thursday

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|------|--------|------------------|-----------|------|--------|-------------------|-----------|
| 3:45 | - 4:15 | Beg Ballet (3-4) | Cindy | 4:15 | - 4:45 | Beg Ballet (5-6) | Melanie |
| 4:15 | - 4:45 | Beg Tap (3-4) | Cindy | 4:45 | - 5:15 | Beg Tap (5-6) | Melanie |
| 4:45 | - 5:15 | Int Ballet (7-8) | Cindy | 5:15 | - 6:15 | Ballet 1 | Katherine |
| 5:15 | - 5:45 | Int Tap (7-8) | Cindy | 6:15 | - 7:00 | Jazz 1 | Melanie |
| 5:45 | - 6:15 | Int Jazz (7-8) | Melanie | 7:00 | - 7:30 | Tap 1 | Melanie |
| 6:15 | - 7:00 | Ballet 2 | Katherine | 7:30 | - 8:15 | Company Rehearsal | |
| 7:00 | - 7:45 | Jazz 2 | Katherine | | | | |
| 7:45 | - 8:15 | Lyrical 2 | Katherine | | | | |

Saturday

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|------|--------|---|--|--|--|--|---------|
| 9:00 | - 9:45 | <i>Hearts in Motion Dance Academy for Down's Syndrome</i> | | | | | Melanie |
|------|--------|---|--|--|--|--|---------|