

Level 1 - ages 9-11  
 Level 2 - ages 12-18 - intermediate  
 Level 3 - ages 12-18 - advanced

**2022-2023  
 Dance Schedule**

*Level placement will be  
 determined by Studio*

**Monday**

4:00 - 4:30	Beg Ballet (3-4)	Melanie	4:00 - 4:30	Int Jazz (7-8)	Katherine
4:30 - 5:00	Beg Tap (3-4)	Melanie	4:30 - 5:00	Int Ballet (7-8)	Katherine
5:00 - 5:30	Junior Company Routine	Melanie	5:00 - 5:30	Int Tap (7-8)	Katherine
5:30 - 6:00	Ballet Technique 1	Katherine	5:30 - 6:00	Beg Ballet (5-6)	Melanie
6:00 - 6:45	Leaps/Turns 2	Katherine	6:00 - 6:30	Beg Tap (5-6)	Melanie
6:45 - 7:30	Teen Company Routine	Melanie	6:45 - 7:30	Ballet Technique 2/3	Katherine
7:30 - 8:15	Leaps/Turns 3	Kalyssa	7:30 - 8:15	Contemporary 2	Katherine
8:15 - 9:00	Contemporary 3	Katherine	8:15 - 9:00	Contemporary 2/3	Kalyssa

**Tuesday**

4:45 - 5:45	Ballet 1	Katherine	4:15 - 4:45	Int Jazz (7-8)	Melanie
5:45 - 6:45	Ballet 2	Katherine	4:45 - 5:15	Int Tap (7-8)	Melanie
6:45 - 7:45	Ballet 3	Katherine	5:15 - 5:45	Int Ballet (7-8)	Jennifer
7:45 - 8:30	Pointe 2/3	Katherine	5:45 - 6:30	Jazz 1	Jennifer
8:30 - 9:15	Advanced Company Routine	Katherine	6:30 - 7:00	Tap 1	Jennifer
			7:00 - 7:45	Tap 2	Jennifer
			7:45 - 8:30	Jazz 2	Jennifer
			8:30 - 9:15	Tap 3	Jennifer

**Wednesday**

4:30 - 5:15	Hip Hop 1 (6-9)	Jade	4:45 - 5:15	Stretching/Strength	Katherine
5:15 - 6:00	Hip Hop 2 (10 & up)	Jade	5:15 - 6:00	Lyrical 1	Katherine
6:00 - 6:45	Lyrical 2/3	Jade	6:00 - 6:45	Advanced Company Routine	Jennifer
6:45 - 7:30	Jazz 2/3	Jade	6:45 - 7:30	Ballet Technique 2	Jennifer
7:30 - 8:15	Jazz/Acro Technique	Jade	7:30 - 8:15	Lyrical 3	Jennifer
8:15 - 9:00	Jazz 3	Jade	8:15 - 8:45	Improv/Performance-Company	Jennifer
9:00 - 9:30	Hip Hop 3	Jade	8:45 - 9:30	Adult Jazz	Jennifer

**Thursday**

3:45 - 4:15	Beg Ballet (3-4)	Cindy	4:15 - 4:45	Beg Ballet (5-6)	Melanie
4:15 - 4:45	Beg Tap (3-4)	Cindy	4:45 - 5:15	Beg Tap (5-6)	Melanie
4:45 - 5:15	Int Ballet (7-8)	Cindy	5:15 - 6:15	Ballet 1	Katherine
5:15 - 5:45	Int Tap (7-8)	Cindy	6:15 - 7:00	Jazz 1	Melanie
5:45 - 6:15	Int Jazz (7-8)	Melanie	7:00 - 7:30	Tap 1	Melanie
6:15 - 7:00	Ballet 2	Katherine	7:30 - 8:15	Company Rehearsal	
7:00 - 7:45	Jazz 2	Katherine			
7:45 - 8:15	Lyrical 2	Katherine			

**Saturday**

9:00 - 9:45	<i>Hearts in Motion Dance Academy for Down's Syndrome</i>				Melanie
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